

# Workshop: Climate neutral nutrition

Online  
25 May 2023  
3 PM – 4 PM



Nowadays, all kinds of food are available to us around the year. But have you ever thought about the long journey your food often takes before it reaches the supermarket for you? We trace this journey, from growing it in faraway countries to processing it at home.

**Come on the journey with us!**

## Look forward to:

- Exciting facts about resources and the impact of food on our climate
- Practical tips on how you can integrate more environmentally friendly food into your everyday life and thus reduce your carbon footprint
- Climate-friendly recipe ideas are of course included!



Gesundheitspartner:



**Join us and become an environmental hero!**  
Scan the following QR code or [click here](#) and participate directly in the workshop.